

Headaches, Allergies, Fatigue and Depression Blamed on Common Everyday Cleaning Products!

The air you breathe in your workplace may be fouled by fumes oozed from toxic, poisonous and hazardous cleaning solutions. This is called “out-gassing” and once these chemicals become airborne, they can easily mix with chemicals from other cleaners and become much more dangerous. These toxic cleaning solutions are readily available, commonly used by most janitorial services and may be causing or contributing to conditions such as –

- fatigue
- depression
- headaches
- allergies
- toxicity

Unfortunately, as we grow and expand our cities, our water becomes harder and harder. As a result, many manufacturers have added synthetic and potentially poisonous chemicals so that mass-produced and low cost cleaners look like they are lathering and cleaning better. However, these chemicals are detrimental to your health.

Most of us spend the majority of our time indoors in our homes and offices. As a result, these are the places we should and must make our breathing air safe. You know how some cleaners make you sneeze or your eyes water every time you use them. Imagine the harm caused by inhaling the colorless, odorless toxins out-gassed each and every day from common household cleaners.

Recently, a new medical field has grown to cleanse toxins from patients who have been harmed by chemicals found in common cleaners. Most agree that since our children are smaller and more vulnerable, they are most affected by toxic fumes. As a matter of fact, household cleaners are the most common

causes of poisoning in our children. Further, over 10,000 children are absent each and everyday from school as a result of allergic reactions caused by their polluted indoor environments. Most parents misdiagnose and then over-medicate their children. Lastly, here are a few more alarming statistics our children have faced over the past twenty years –

- 20% rise in cancer and cancer is the #1 killer of our children
- 300% rise in asthma cases
- 118% rise of asthma deaths

The risks and hazards are just as prevalent for adults. Chemicals found in these seemingly innocuous common cleaning products can cause or contribute to –

- Nervous system damage
- Kidney damage
- Liver damage
- Asthma
- Skyrocketing rates for Attention Deficit Disorder (A.D.D.) and other related learning disorders such as Adult A.D.D.
- 50% of all health problems related to the polluted air we breathe indoors.

These are just a few known conditions and disorders that have been directly or indirectly linked to chemicals found in common cleaners. Can you imagine what other and potentially more harmful effects we’ll discover as we learn more? Why put yourself and your staff at risk as a result of these wide-spread and toxic janitorial practices? We offer clean and healthy alternatives that are available to you now. Please contact CleanStart Janitorial Service today to make your office environment healthier.