

ADD and ADHD Linked to Home Cleaning Products!

Our lives are becoming faster paced and more complicated every day. Think about the proliferation of instant information such as emails, faxes and the Internet. We have access to vast resources of information and we ourselves have become more productive. We can have goods and services delivered on demand. As a result, we in turn demand faster and faster results such as instant meals to instant cleaning products.

One of the hazards of our new efficiency is the prevalence of new, synthetic chemicals to make our common cleaning products seem faster and more effective. As a result, we and our families are exposed to more of these new types of chemicals. Add in the fact that the typical American spends less than 5% of their time outdoors. This means that we are inhaling fumes and otherwise in direct contact with these synthetic chemicals most of the time.

These seeming innocuous and readily available small bottles of cleaners have clear labels warning the user not to touch, breath or otherwise come in contact with them. They are obviously not safe. Recently, a new medical field has grown to test for and then purge toxins from patients' bodies. These patients have been harmed by chemicals found in these common cleaners.

Our children are smaller and more vulnerable. Logically, they are more affected by these toxic chemicals. Common cleaners are the leading cause of poisoning in our children and over one million are accidentally poisoned in their homes by these cleaners. Over 10,000 children are absent each and every day from their classrooms as a result of reactions caused by these chemicals.

More importantly, many of our children are suffering from neurological problems. The

first is attention deficit/hyperactivity disorder or ADHD. This is one of the most prevalent and new disorders diagnosed in our children today. Studies indicate that approximately 10% of our children have ADHD. Studies also suggest that children with ADHD are more likely to engage in criminal activity or substance abuse later in life.

Another disorder is autism spectrum disorder, or ASD. This is also known simply as autism and effects children's ability to develop social and communication skills. There is no current data that shows a clear cause of autism but researchers believe that there may be a link between the 285,000 reported cases and the prevalence of toxic cleaners in our indoor environments.

Additional studies conducted by the Center of Disease Control (CDC) discovered these following results –

- 6.5% of children have emotional or behavioral problems lasting more than 3 months.
- 4% of our children suffer from growth and development delays. These delays include mental retardation.
- 6.5% of our children, under 18 years of age, had or currently have one or more learning disabilities.

Can you imagine what additional harmful effects we'll discover as we learn more and more about these chemicals? Why put yourself and most importantly your children at risk? You can make simple changes that will make an immediate difference. Contact CleanStart Janitorial Service, Inc. for clean and healthy alternatives that will resolve exiting indoor air pollution issues caused by standard janitorial practices.