

Disease Causing Cleaning Products and Healthy Alternatives!

Most mass-produced common cleaners have synthetic and potentially poisonous chemicals. These cleaners are widely used in mass quantities by most janitorial service companies. How much does your janitorial service use every single day? How many do you use at home?

As a result, the air in the indoor environment where you live and work everyday is polluted by odorless, colorless toxins from common cleaning solutions. Some people suffer from such levels of overexposure that they contract asthma, cancer and ultimately die.

Most of us are exposed at lower levels that cause headaches, eye tearing, rashes and breathing difficulties. These effects are cumulative so the more chemicals a person

is exposed to over longer periods of time, the more detrimental the effects.

There is an easy solution to this problem, simply change the way your home and offices are cleaned. Please contact CleanStart Janitorial Service, Inc. today so that you, your family and you staff can enjoy a healthier and cleaner indoor environment tomorrow.

Below, we list clean and healthy alternatives to these poisonous cleaners. These alternatives are just as effective or in some cases more effective than their dangerous, poisonous counterparts. By simply replacing these cleaners, you can make a difference in the air you breathe in your home and office.

Product	Chemical	Dangers	Alternatives
All purpose cleaners	Ammonia	<ul style="list-style-type: none"> • asthma trigger • lung irritant • can cause bronchitis • eye irritant 	Borax or baking soda
Furniture polish	Petroleum distillates	<ul style="list-style-type: none"> • lung irritant • eye irritant • skin irritant • may also contain a carcinogen, or cancer causing chemical 	Cedar oil and citrus oil cleaners.
Glass cleaner	Ammonia	<ul style="list-style-type: none"> • asthma trigger • lung irritant • can cause bronchitis • eye irritant 	Lemon juice or white vinegar with water
Heavy duty cleaners	Petroleum distillates	<ul style="list-style-type: none"> • lung irritant • eye irritant • skin irritant • may also contain a carcinogen, or cancer causing chemical lung irritant 	Cedar oil, white vinegar with olive oil, lemon juice with olive oil, and citrus oil cleaners

Household bleach, general cleaner disinfectant and deodorizer	Sodium Hypochlorite	<ul style="list-style-type: none"> • lung irritant • eye irritant • skin irritant • asthma trigger • dangerous to those with cardiac conditions 	Baking soda, borax and hydrogen peroxide.
Toilet deodorizers	Paradichloro–benzene	<ul style="list-style-type: none"> • possible carcinogen, or cancer causing chemical 	Baking soda or white vinegar

Next are the toxic impacts of a few common and seemingly innocuous cleaners. They are really hazardous wastes and environmental pollutants. These chemicals break down

slowly or not at all and a few come from non-renewable resources. They can be a danger to wildlife as well as pollute our drinking water and breathing air supplies.

Product	Chemicals and health hazards
All purpose cleaner	<ul style="list-style-type: none"> • Morpholine and glycol ether are poisonous to the liver and kidneys. • Naphtha, sodium bromide and kerosene can damage the brain and central nervous system, causing confusion, depression and headaches.
Deodorizers	<ul style="list-style-type: none"> • Methoxychlor can be stored in the fat cells and passed on to babies through Mother’s milk. It can also over-stimulate the central nervous system and cause mental illness. • Dichlorobenzene, aromatic hydrocarbons, and naphthalene can attack central nervous system to cause confusion, headaches, and symptoms of mental illness. • In addition, other ingredients can cause cancer.
Hand dishwashing detergent	<ul style="list-style-type: none"> • Naphtha, can damage the brain and central nervous system, causing confusion, depression and headaches • Diethanolamine is a potential poison to the liver.
Disinfectant	<ul style="list-style-type: none"> • Naphtha, can damage the brain and central nervous systems, causing confusion, depression and headaches. • Sodium sulfites can kill those effected with asthma.
Furniture polish	<ul style="list-style-type: none"> • Naphtha, diglycol laurate and amyl acetate can damage the brain and central nervous system, causing confusion, depression and headaches. • Some contain cancer causing ingredients. • Diglycol laurate can be poisonous to the liver and kidneys. • Mineral spirits can irritate the lungs.
Glass cleaner	<ul style="list-style-type: none"> • Naphtha and petroleum-based waxes can damage the brain and central nervous system, causing confusion, depression and headaches. • Some contain cancer causing ingredients.
Laundry detergent	<ul style="list-style-type: none"> • Fluosilicate is used as a pesticide. • Brighteners can cause allergic reactions in sunlight.

Metal polish	<ul style="list-style-type: none"> • Perchloroethylene, kerosene, naphtha, chromic acid, and organic solvents can damage the brain and central nervous system causing confusion, depression and headaches. • Some contain cancer causing ingredients. • Perchloroethylene and chromic acid are poisonous to the liver and kidneys.
Oven cleaner	<ul style="list-style-type: none"> • Most of the chemicals can damage the brain and central nervous system causing confusion, depression and headaches. • Some contain cancer causing ingredients as well. • Methylene chloride is poisonous to the liver and kidneys. • Other ingredients can cause lung irritation and disorders.
Spot cleaner	<ul style="list-style-type: none"> • Most of the ingredients can cause cancer. • In addition most can damage the brain and central nervous system, causing confusion, depression and headaches. • Ingredients are poisonous to the liver and kidneys. • They can also cause breathing problems.
Toilet bowl cleaner	<ul style="list-style-type: none"> • Fungicides can damage the liver and kidneys. • Dichlorobenzene is also poisonous to the liver and kidneys. It can also damage the brain and central nervous system, causing confusion, depression and headaches.